

## CROSS-COUNTRY SKIING FLYING COACH All around fit for cross-country trails

every Thursday from 02<sup>nd</sup> January until end of the season 2025

Every **Thursday** from **03.00 pm until 04.30 pm**, the flying coach is at the **cross-country skiing center / entrance to the Tauernloipe** (in front of Josef's restaurant) to help and advise those interested. He offers individual cross-country training for all performance classes, as well as information on equipment and the network of trails.

Costs: free of charge

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